

V A L C P A EXECUTIVE COMMITTEE

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Virginia Association of
Licensed Child Placing Agencies

HOTEL REGISTRATION

Please make your reservations directly with the
Sheraton Oceanfront Hotel

Sheraton Oceanfront Hotel

36th and Atlantic Avenue
Virginia Beach, VA 23451
(757) 425-9000

*Room rates \$99 - \$139 plus tax when you
identify yourself as a VALCPA participant*

CUT-OFF DATE FOR HOTEL RESERVATIONS IS

August 20, 2011

Please reserve early for a guaranteed room and discounted rate.

2011
FALL CONFERENCE
September 12 & 13, 2011

Sheraton Oceanfront Hotel
36th and Atlantic Avenue
Virginia Beach, VA 23451

Monday, September 12, 2011

8:00am-9:00am: Registration/Coffee & Breakfast

9:00am-12:00pm: Keynote Presentation

"I am screaming and no one hears me."

Presenter: Eliana Gil, PhD Gil Center for Healing and Play Fairfax, Virginia

This keynote will describe the impact of childhood trauma on child development, specifically the idiosyncratic ways that children can protect themselves or ask for help through behavior or symptoms. This workshop will discuss the vulnerability of children and how their functioning can seem challenging and/or non-compliant. Children's art work will be shown to further identify the ways in which traumatized children begin to see their environments as unsafe and unpredictable and may develop a lack of trust in others. Several of their learned behaviors may be difficult and basic ideas for connecting with abused children and creating a safe and consistent environment will be highlighted. Finally, abused children are best served in a coordinated fashion, so ideas for a team approach to helping them will be presented. (Break: 10:30am-10:45am).

12:00 pm – 1:15 pm: Lunch (Provided by VALCPA)

**1:15 pm – 3:15 pm: Foster Care Committee, Adoption Committee, & FFTA-VA Meetings;
Afternoon Workshop**

Workshop:

Working with problem sexual behaviors in children.

Presenter: Eliana Gil, PhD Gil Center for Healing and Play Fairfax, Virginia

This workshop will discuss how to assess and treat problem sexual behaviors of children in this climate of either over-or-under-responding to these problem behaviors. In particular, a treatment model that is family-based, across-settings, and which includes teaching self-control skills to children will be discussed. At the same time, children who exhibit these problems may be children who are socially isolated, with low self-esteem, impulsive, and struggling with intense emotions that they cannot manage. A systemic approach that looks at the child's environment and his/her resources will be highlighted. A majority of children with sexual behavior problems have been exposed to some form of abuse or trauma. However, there is a smaller percentage who are exposed to environments that are inappropriate and over-stimulating and it is important to assess for this. (Break: 2:15 pm-2:30 pm)

3:30pm: VALCPA Business Meeting

Tuesday, September 13,

8:00am-9:00am: Registration/Coffee & Breakfast

9:00am-10:30am: Workshops

Workshop 1:

Parental Placement Adoptions **Rebecca Ricardo, LCSW** **Coordinators2**

This workshop will review and discuss current procedures and practices in assisting clients through Parental Placement adoptions. Discussion of the use of Simultaneous Meeting, Post Adoption Contact and Communication Agreement, Options Counseling and required reports will occur. Participants are encouraged to share best practices and procedures of their agencies during this interactive workshop.

Workshop 2:

Dialectical Behavior Therapy **Shannon Crayton, LCSW** **HOPE INC**

This workshop will explore DBT which is a treatment developed by Marsha Linehan in 1991 for multi-disordered individuals, many of whom met criteria for Borderline Personality Disorder. Participants will learn the tenets of the theory, research and applications to treatment will be discussed. A breakdown of the modules and the behaviors they target will be covered as well as an interactive activity using one of the modules. Come hear the latest in best practices in treating many of our children's challenging behaviors.

Workshop 3:

How Important is Customer Service? **Rachel Hill, SPHR** **Alexandria, VA**

In the ongoing effort to make placements available to those who need them, LCPAs from around the state compete with government and private entities to market and provide services. Understanding why "customer service" is crucial to the successful placement process and agency growth, and knowing what steps to take in order to ensure representatives from LDSSs will begin or continue to access programs and services is vital to the growth and success of any agency. Regardless of the role played in the placement of a child/youth, knowing how to market confidence, embrace accountability, spot opportunities, love your team - and HOW, WHEN and to WHOM to communicate - can be the difference between success and failure for LCPA programs. Understanding that balancing customer service with meeting the needs of the child/youth is a gray area, requiring a skill set some social workers see as an ethical slippery slope will be uncovered.

10:30am-11am Networking Break

11:00am-12:30pm: Workshops

Workshop 1:

Sizzling Hot Topics in Adoption Law Stanton Phillips, Esquire, Adoption Legal Services

Bring your suntan lotion and shades to the beach because we are going to analyze this year's most sizzling topics in adoption law. First, we will review the new July 2011 amendments to our laws including the foreign adoption birth certificate procedure as well as the new statute allowing a change of birth date for a foreign born child. We will analyze the requirements and procedures in Post-Adoption Contact and Communication Agreements. Finally, we will breakdown the requirements into simple steps necessary to comply with the Putative Father Registry.

Workshop 2: *Dialectical Behavior Therapy* Shannon Crayton, LCSW HOPE INC

(REPEAT) This workshop will explore DBT which is a treatment developed by Marsha Linehan in 1991 for multi-disordered individuals, many of whom met criteria for Borderline Personality Disorder. Participants will learn the tenets of the theory, research and applications to treatment will be discussed. A breakdown of the modules and the behaviors they target will be covered as well as an interactive activity using one of the modules. Come hear the latest in best practices in treating many of our children's challenging behaviors.

Workshop 3:

Motivation – The Supervision Tool that Keeps on Giving Rachel Hill, SPHR

If you have been supervising employees for any length of time, chances are you have already attended training on supervision skills, including how to motivate employees. But whether you are a veteran supervisor or a newbie, the ability to motivate your workforce - to *constantly* motivate your workforce - is perhaps the most difficult supervision skill to learn and maintain over time, and certainly the most vital to ensuring you have a strong, committed team of performers. In today's economic climate, asking workers for more time, more effort and more commitment without offering more financial incentive can be frustrating and exhausting. In addition, the recession has impacted the lives of most workers personally and the fallout from that impact often results in under-performing or difficult employees. Supervisors who learn to mold employees to 1) appreciate their own significance in the workplace and to their agency as a whole, 2) feel heard and known in the workplace – not anonymous and 3) learn to self-measure their accomplishments and failures will undoubtedly create a work environment that inspires dedication and high performance, in spite of not being one that offers significant financial reward. Motivation is the supervisor's most powerful tool.

12:30pm CONFERENCE ADJOURNS

THANK YOU FOR ATTENDING THE 2011 CONFERENCE!

From your VALCPA EXECUTIVE COMMITTEE